A BCUHB falls prevention study day is open to health and social care professionals across North Wales.

The Study day will highlight the scale of falls and understand evidenced based interventions and services to assist those whom have fallen or those at risk of falls. The aim of the day is to promote an understanding of collaborative working exploring a range of skills amongst differing disciplines.

From a community perspective this is the first in a series of study days which is part of an ongoing process of integrated working across sites and disciplines.

Course Fee: Event is free but please register your interest to: joanne.davies362c1e@wales.nhs.uk
9:00 am  Registration

9:15 am  Welcome and introduction to the day chaired by Jo Davies, Community falls prevention lead (East) - Scale of falls prevalence both nationally and locally.

9:30 am  Consequences of falls amongst the elderly population – Mr. Cameron Abbott, Falls Consultant

10:15 am  Falls in care homes and future implications with Social care and well being Act, Beverley Larkins, Workforce development manager.

10:45 am  Refreshment break

11:15 am  Are you sitting comfortably? Research and developments in the field of seating. Martina Tierney CEO Seating matters

12:00  Bone Health – Working together to reduce fragility fractures - Debbie Stone Service Development Manager/Specialist Nurse - National Osteoporosis Society.

12:30 pm  Lunch – sponsored by: Internispharma/ Lilly/Seating Matters/Health care matters

1:15 pm  Dizzy patient/vestibular conditions – Sylvia Tomassen, Specialist physiotherapist BCUHB

1:45 pm  Welsh Ambulance Red flag assessment – How do we assess a faller for injuries? Martin Lissan, Paramedic

2:00 pm  Demonstration of Raizer - Lift up’s new and patented emergency lifting chair, (AAT GB LTD), Gareth Brown

2:15 pm  Vitamin D and Bone health – a practical guidance, Dr Teoh

2:45 pm  Refreshment break

3:00 pm  The golden hour: benefits of sensory equipment, Helen Hughes Sanctuary 365 manager

3:30 pm  Fall risk factors associated with visual disorders. Low vision assessments and interventions, Alison Williams, Low vision practitioner. Specialist practice of the year winner (2014)

4:00 pm  Closing remarks – Jo Davies